

Christ Church

New Southgate & Friern Barnet
(Baptist/United Reformed)

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NEWSLETTER

OCTOBER 2021

ISSUE 292

www.christchurchnsfb.org



Harvest Sunday
10th October

DIARY FOR OCTOBER 2021

- Sun. 3rd BAPTISMAL SERVICE
Rev. Ruth Moriarty
11.00 a.m. Morning Worship – All Age Service
- Tues. 5th 4.15 p.m. Rainbows (Tuesdays until break)
5.45 p.m. Brownies (“ “ “)
7.15 p.m. Guides (“ “ “)
- Wed. 6th 8.00 p.m. Premises Group Meeting in Parlour
- Thurs. 7th 8.00 p.m. Evening Prayer Meeting via Zoom
- Sat. 9th 10.00 a.m. Decoration of Sanctuary for Harvest
- Sun. 10th HARVEST SERVICE
Rev. Ruth Moriarty
11.00 a.m. Morning Worship – All Age Service
- Thurs. 14th 8.00 p.m. Evening Prayer Meeting via Zoom
- Sun. 17th Rev. Ruth Moriarty
11.00 a.m. Morning Worship, Communion & Junior Church
- Thurs. 21st 8.00 p.m. Evening Prayer Meeting via Zoom
- Sun. 24th Rev. Ruth Moriarty
Preacher – Rev. Israel Olofinjana
11.00 a.m. Morning Worship & Junior Church
Followed by Church Meeting
Including Election of Deacons
- Wed. 27th 8.00 p.m. Deacon’s Meeting via Zoom
- Thurs 28th 8.00 p.m. Evening Prayer Meeting via Zoom
- Sun. 31st Mrs. Diana Bensted
11.00 a.m. Morning Worship – All Age Service

NOVEMBER

Thurs. 4th 8.00 p.m. Evening Prayer Meeting via Zoom

Sun. 7th 9.00 a.m. TOAST – Prayer Meeting in Parlour
Rev. Ruth Moriarty

11.00 a.m. Morning Worship, Communion & Junior Church

HARVEST

Our Harvest service will be on Sunday 10th October. Please, if able, bring some of the following items for Homeless Action in Barnet.

Thanks, Ruth

Pot Noodles, Dried Pasta, Instant Mash, Microwaveable Rice,
Cereal (Any size), Long-life Milk, Tea/Coffee/Sugar, Biscuits,
Tinned Food, Small tins of fruit, Strawberry Jam,
Body Wash, Deodorant, Toothpaste, Shampoo and Conditioner.

FAMILY NEWS

We take this opportunity to remember those Church Members and friends who have moved away over the years and pray for their continued good health in these difficult times.

Please remember all those who are bereaved and we seek your support Lord through their grieving.

There are Members and friends who have been unwell and we think of them and pray for their speedy recovery Lord.

For those due to have an annual flu jab we trust this will happen shortly and we also think of everyone who will receive a Covid Booster vaccination in the coming weeks and pray for them all during the winter months ahead.

WHAT HAVE YOU BEEN DOING OVER RECENT WEEKS?

Have you been getting back into a more normal routine over the past few months? Most youngsters are back at their schools and many adults are back working in the office rather than still working from home.

Did you get the chance for a well-deserved break this summer, even though you may not have been able to go abroad. Perhaps you went on a “staycation” this year to many of the lovely places throughout the UK - somewhere in Somerset, Devon or Cornwall, or the SE corner of England, the south coast of Kent or Sussex perhaps, around Norfolk or “sunny” Wales or a train journey away up to the Highlands and Islands in the north of Scotland.

If you didn't get that opportunity, have you been enjoying long (or short) walks around your local area. Have you walked around Forty Hall or Arnos Park, perhaps gone out Bird Watching - fresh air and exercise is good for us all!

Some of you may have returned to the “Silver Swans” Ballet classes for some weekly exercise. (Don't forget it's “World Ballet Day on Tuesday 19th October – see details for the Royal Ballet at www.roh.org.uk and schedule of free streamed events at www.worldballetday.com .

There's always plenty to do in our gardens, again something that's also good for our wellbeing. Should you have been at home then hopefully some of you have been able to relax in your gardens, enjoy a good book or perhaps you've had the chance to watch some of the documentaries or new series on the TV.

I'm sure the gardeners among you were watching the RHS Chelsea Flower Show recently which was somewhat different this year being in September instead of May! (Programs are still available to watch on the BBC iPlayer but you can also view the various gardens on the RHS web site(www.rhs.org.uk).

Take a look at those in the “Sanctuary Garden” category including “Finding Our Way: An NHS tribute garden, celebrating the relentless

work of the NHS or there is the Psalm 23 Garden, sponsored by the Bible Society, with the message of hope, encouragement and solace.

There is an “Artisan Garden” celebrating the Guide Dogs’ 90th Anniversary and the Florence Nightingale “Show Garden” – A garden with the theme “Nurture through Nature” and marking 200 years since the birth of Florence Nightingale and is a celebration of Modern-Day Nursing.

The Queen’s Green Canopy Garden, created in partnership between the RHS and the Queen’s Green Canopy, a unique tree-planting initiative to mark Her Majesty’s Platinum Jubilee in 2022 and to encourage the Nation to plant a tree for the Jubilee.

The BBC One Show and RHS “Garden of Hope” is, like many of the other gardens, to be relocated elsewhere now the Show has finished and will be available for the wellbeing of many people – plants and flowers are always beneficial to our health.

Remember many people have Health issues and if you do, please seek some help, just talking to someone can benefit us all. Don’t forget God is with us always.

CHARITY GIVING

For those fit and energetic amongst you, you may have been running in the delayed London Marathon on the 3rd October this year and raising funds for many deserving Charities.

You could also go on a “Countryfile” Ramble this month to help raise funds for BBC Children in Need – www.bbcchildreninneed.co.uk.

After all this exercise you might just feel like Coffee and Cake!

You might have had some on the 24th September and joined the World’s Biggest Coffee Morning to raise funds for Macmillan Cancer Support – you can still donate at www.macmillan.org.uk.

Many Charities need our support and we all have our favourites whether National Names (NSPCC, RNIB or Parkinsons or Alzheimers) or those locally based e.g. North London Hospice.

Please help if you can.

WORDS OF ENCOURAGEMENT

I watched a bit of the July 2021 Olympics in Japan. I was amazed at the strength, courage and endurance of many of the athletes. I marvelled at the men and women who ran around 42km. marathon in about 30 degrees heat. I was proud of the many who won medals. Then there were those whose dreams came to nought despite hours of preparations because of injury or ill-health or just couldn't complete the task due to fatigue.

It got me thinking that while so many are fit and strong, so many others suffer from ill-health, some of them long-term. We also regularly hear of perfectly healthy people, suddenly passing away. I guess only God fully understands why these things are so. All we can do is rejoice and thank Lord Jesus when in good health. While when unwell, or mourning the loss of a loved one, not to lose hope or start sinning in rebellion. To try holding on instead to our ever-present, loving God and His promises of healing and restoration as written in Isaiah 57.

Isaiah 57:15, 18 & 19

¹⁵“I am the high and holy God, who lives forever. I live in a high and holy place, but I also live with people who are humble and repentant, so that I can restore their confidence and hope.

¹⁸ --- I will heal them. I will lead them and help them, and I will comfort those who mourn.

¹⁹ I offer peace to all, both near and far! I will heal my people.

Ola Lawal

To join our Thursday Evening Prayer Meeting on Zoom go to -
<https://us02web.zoom.us/j/5408158881?pwd=ank5UmJGRGVMVXJWWFRSL1IPSVBnZz09>

Meeting ID: 540 815 8881

Passcode: ccnsfb

Sunday Church Services take place in person and are also available online and on our YouTube Channel – see web site for further info.